



Alzheimer's Among Latinos

Now the 3rd leading cause
of death for older women in Los
Angeles County⁽¹⁾.

Alzheimer's is the most common
form of dementia. Latinos with
Alzheimer's are expected to
increase more than **NINE TIMES**.
By 2060, **3.5 MILLION** Latinos will
be living with Alzheimer's⁽²⁾.



Alzheimer's is a disease of the brain. It causes problems with the ability to think, learn and remember⁽³⁾.



Warning signs include: repeating questions or stories, getting lost in familiar places, withdrawal from friends, misplacing things more often, frequent falls, poor judgement when dealing with money, and difficulty with language⁽⁴⁾.



Talk to your doctor about any memory concerns. Having a diagnosis is important to determine proper care and treatment.



DID YOU KNOW?

Your Medicare annual wellness exam includes a free memory screening.

End Notes

1. Alzheimer's Association. (2017). Alzheimer's Disease Facts and Figures. Alzheimer's Dementia,13, 325-373.

2. Latinos and Alzheimer's Disease: New Numbers Behind the Crisis. www.usagainstalzhimers.org/sites/default/files/Latinos-and-AD_USC_USA2-Impact-Report.pdf

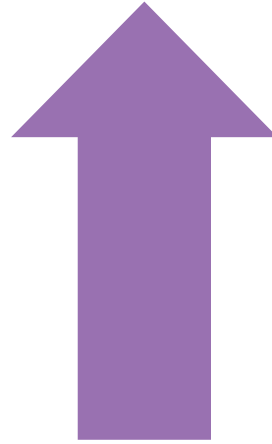
3. National Institute on Aging. (2014). Brain health resource toolkit. <https://www.nia.nih.gov/health/brain-health-resource>

4. Alzheimer's Association. (n.d.). Prevention and risk of Alzheimer's and dementia. www.alz.org/facts/overview.asp

5. Alzheimer's Association California Council. 2008 Alzheimer's Disease Facts and Figures in California: Current Status and Future Projections.

6. Lai CK, Arthur DG. (2003). Wandering behaviour in people with dementia. Journal of Advanced Nursing,44(2), 173-182.

Age is the greatest risk for Alzheimer's and our population is aging rapidly.



The number of Californians living with Alzheimer's will increase 30% by 2025⁽¹⁾.

In Los Angeles, the number of Latinos living with Alzheimer's is expected to **DOUBLE** by 2030⁽⁵⁾.

Developing dementia has been linked to a number of risk factors, including: diabetes, heart disease, high blood pressure, and lack of exercise⁽⁴⁾. Risks for neglect and persons getting lost are significant and costly to society⁽⁶⁾.

We provide FREE family support & education

- Call our Helpline
- Join a caregiver support group in your area
- Speak with a Care Counselor
- Attend a free education event



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